

# BUCK IT UP



**Choreographed by :** Fabrizio Carnaroli

**Music:** *Buck it up by Thom Shepherd*

**Description:** 2 walls, 64 counts, Intro, 3 Tags, 1 Restart, Final

**Level:** Intermediate

SEC. 1	KICK R ,STEP R & HOOK L, KICK R , STEP R & HOOK L WHIT SLAP R, GRAPEVINE L
1-2	(Moving to the right) Kick right fwd- Step right fwd & Hook left behind right
3-4	(Moving to the right) Kick right fwd- Step right fwd & Hook left beside right whit Slap hand right on heel left
5-6-7-8	Step left to left side - Step right behind left - Step left to left side – Stomp up right beside left
SEC. 2	SCOOT R ¼ TURN R TWICE, STEP R, SCUFF L, JUMPING JAZZ BOX L
1-2	Turning ¼ right Jump on left foot & hitch right up- Turning ¼ right Jump on left foot & hitch right up
3-4	Step right to right side - Scuff left beside right
5-6-7-8	(Jumping) Cross left over right – Step right back -Step left to left side - Stomp up right beside left
SEC. 3	TRAVELLING SPLITS R, SLIDE L, FLICK L, STEP L, HEELS FAN L
1-2-3-4	(Moving to the right) Split toes apart – Split heels apart – Recover heels to centre – Slide left beside right
5-6	Turning 1/8 right Flick left back whit slap hand left on heel left – Step left fwd
7-8	Swivel heels to left side –Return heels to centre (weight on right)
SEC. 4	COSTER STEP L, HOLD, KICK R, TURN ¼ L STEP R, TURN ¼ L KICK L, STEP L
1-2-3-4	Step left back – Step right beside left – Step left front right – Hold
5-6	(Jumping) Kick right fwd – Turn ¼ Step right fwd & Left flick back
7-8	(Jumping) Turn ¼ left Kick left fwd – Step left fwd & Flick right back
SEC. 5	SCOOT R TWICE,CROSS R, STEP BACK L, ROCK BACK R , ROCK BACK R
1-2	Jump fwd on left foot & Hitch right up - Jump fwd on left foot & Hitch right up
3-4	Cross right over left- Step back left
5-6	(Jumping) Step right back & Kick left fwd – Recover left cross left over right & Flick right back
7-8	(Jumping) Step right back & kick left fwd – Recover left to left side & Flick right back
SEC. 6	HEEL DIAGONAL R, POINT L, POINT R, HEEL DIAGONAL L, POINT R, PONT L, FLICK R, SCUFF R
1&2&3	Touch right heel diag.fwd - Recover right & Touch point left back - Recover left & Touch point right back
&4&5	Recover right & Touch left heel diag. fwd - Recover left & Touch point right back
&6&7-8	Recover right & Touch point left - Recover left & Flick right back – Scuff right fwd
SEC. 7	STEP LOCK STEP R, SCUFF L, STEP LOCK STEP L, STOMP UP R
1-2-3-4	Step right diag.fwd – Step left behind right (lock) –Step right fwd – Scuff left fwd
5-6-7-8	Step left diag. fwd – Step right behind left (lock) –Step left fwd – Stomp up right beside left
<b>Restart: 4<sup>th</sup> repetition (on first wall)</b>	
SEC. 8	TURN ¼ L STEP R, TURN ¼ L FLICK L, STEP L, HOLD, FULL TURN L,SLIDE R, HOLD
1-2-3-4	Turn ¼ left Step right to side – Turn ¼ left Flick left - Step left fwd – Hold
5-6-7-8	Turn ½ left Step back right – Turn ½ left Step left fwd – Slide right beside left (foot closed) - Hold (weight on left)

**Intro**

SEC.1	GRAPEVINE R, JAZZ BOX L
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1-2-3-4 Step right to right side - Cross left behind right - Step right to right side – Scuff left beside right  
5-6-7-8 Cross left over right – Step right back - Step left to left side - Scuff right beside left

SEC. 2	JAZZ BOX R, GRAPEVINE L
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1-2-3-4 Cross right over left – Step left back - Step right to right side - Scuff left beside right  
5-6-7-8 Step left to left side - Step right behind left – Step left to left side – Stomp Up right beside left

**Tag 1 : After the 1<sup>st</sup> repetition, 3<sup>rd</sup> repetition, 5<sup>th</sup> repetition and restart dance**

TAG 1	COSTER STEP R, STOMP L, FLICK R, STOMP R, HOLD,HOLD
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1-2-3-4 Step right back – Step left beside right – Step right fwd – Stomp left to left side  
5-6-7-8 Flick right back – Stomp right to right side – Hold - Hold

**Tag 2 : On the 2<sup>nd</sup> repetition after the 7<sup>th</sup> section and restart dance**

SEC.1	GRAPEVINE R, JAZZ BOX L
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1-2-3-4 Step right to right side - Cross left behind right - Step right to right side – Scuff left beside right  
5-6-7-8 Cross left over right – Step right back - Step left to left side - Scuff right beside left

SEC. 2	JAZZ BOX R, GRAPEVINE L
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1-2-3-4 Cross right over left – Step left back - Step right to right side - Scuff left beside right  
5-6-7-8 Step left to left side - Step right behind left – Step left to left side – Stomp Up right beside left

**Tag 3 : After the 6<sup>th</sup> repetition and restart dance**

TAG 3	TOES SWITCHES R
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1-2-3-4 Toe right fwd - Return right to centre - Toe left fwd - Return left to centre

**Restart: On the 4<sup>th</sup> repetition after the 7<sup>th</sup> section**

**Final : On the 7<sup>th</sup> repetition substitution the 6<sup>th</sup> section**

FINAL	HEEL DIAG. R, POINT L, POINT R, HEEL DIAG. L, FLICK R, STOMP UP R, STOMP R, SLOW SLIDE L
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1&2&3 Touch right heel diag.fwd - Recover right & Touch point left back - Recover left & Touch point right back  
&4&5 Recover right & Touch left heel diag. fwd - Recover left & Flick right back  
6-7-8 Stomp up right beside left – Stomp right to side- Slow slide left beside right