



# Crazy Friday

**Choreographer :** Arizona

**Music :** It's Friday – Derek Ryan

**Level :** Intermediate – couple dance

**Type :** 2 Walls : Fraser A (44), B (38), C (32)

**Sequence:** A A B C A B C A1 B B1 C C

## PART A - WOMAN

### SECT-1 SPLITS HEEL TWICE - STRIDE -SLIDE- HOLD

- 1-2 open both heels and back together
- 3-4 open both heels and back together
- 5-6 long step right Forward diagonally – slide the left next to right
- 7-8 Stomp Left Beside Right - hold

### SECT-2 GRAPEVINE RIGHT – POINT - ROLLING FULL TURN

- 1-2 step right to the right side – cross left behind right
- 3-4 step right to the right side – touch left to left side
- 5-6 1/4 turn left and step left foot forward. - Pivoting on the left 1/2 turn to the left with a right step back.
- 7-8 Tour 1/4 left and step left foot to left side – stop right beside left

### SECT-3 SPLITS HEELS TWICE –STRIDE- SLIDE -HOLD

- 1-2 open both heels and back together
- 3-4 open both heels and back together
- 5-6 long step left back diagonally – slide the right next to left
- 7-8 Stomp right beside left - Hold

### SECT-4 ROCKING CHAIR LEFT - MILITARY PIVOT RIGHT

- 1-2 Step Left forward – recover to right
- 3-4 Step Left back – recover to right
- 5-6 step left forward – ½ turn right and weight on the right
- 7-8 step left forward – ½ turn right and weight on the right

### SECT-5 GRAPE VINE LEFT- STOMP UP- KICK -STOMP UP -FLICK -STOMP

- 1-2 step left to the left side – cross right behind left
- 3-4 step left to the left side – stomp up right beside left
- 5-6 kick right forward – stomp up right beside left
- 7-8 flick right back – stomp right beside left

### SECT-6 CLAP YOUR HANDS WITH MAN

- 1-2 1/4 Turn right, beat both hands with man – beat right hand with man's right hand
- 3-4 Beat left hand with man's left hand - 1/4 Turn Left, beat both hands on thighs

## PART A - MAN

### SECT-1 SPLITS HEEL TWICE - STRIDE -SLIDE- HOLD

- 1-2 open both heels and back together
- 3-4 open both heels and back together
- 5-6 long step right Forward diagonally – slide the left next to right
- 7-8 Stomp Left Beside Right - hold

### SECT-2 GRAPEVINE RIGHT- ROLLING FULL TURN

- 1-2 step right to the right side – cross left behind right
- 3-4 step right to the right side – touch left to left side
- 5-6 1/4 turn left and step left foot forward. - Pivoting on the left 1/2 turn to the left with a right step back.
- 7-8 Tour 1/4 left and step left foot to left side – stop right beside left



### SECT-3 SPLITS HEELS TWICE –STRIDE- SLIDE -HOLD

- 1-2 open both heels and back together
- 3-4 open both heels and back together
- 5-6 long step left back diagonally – slide the right next to left
- 7-8 Stomp right beside left - Hold

### SECT-4 ROCKING CHAIR LEFT - MILITARY PIVOT RIGHT

- 1-2 Step Left forward – recover to right
- 3-4 Step Left back – recover to right
- 5-6 step left forward – ½ turn right and weight on the right
- 7-8 step left forward – ½ turn right and weight on the right

### SECT-5 GRAPE VINE LEFT -STOMP UP- KICK- STOMP UP- FLICK -STOMP

- 1-2 step left to the left side – cross right behind left
- 3-4 step left to the left side – stomp up right beside left
- 5-6 kick right forward – stomp up right beside left
- 7-8 flick right back – stomp right beside left

### SECT-6 CLAP YOUR HANDS WITH WOMAN

- 1-2 1/4 Turn left, beat both hands with woman – beat right hand with woman's right hand
- 3-4 Beat left hand with woman's left hand - 1/4 Turn right, beat both hands on thighs

## PART B - WOMAN

### SECT-1 SLOW CHASSÉE X 2

- 1-2 ¼ turn right, open right foot to the right side – left foot near the right
- 3-4 open right foot to the right side - Hold
- 5-6 ¼ turn right (back), open left foot to the left side – right foot near the left
- 7-8 open left foot to the left side - Hold

### SECT-2 SLOW CHASSÉE X 2

- 1-2 ¼ turn right (back), open right foot to the right side – left foot near the right
- 3-4 open right foot to the right side - Hold
- 5-6 ¼ turn right (back), open left foot to the left side – right foot near the left
- 7-8 open left foot to the left side - Hold

### SECT-3 ROLLING RIGHT -ROLLING LEFT

- 1-2 1/4 turn right and step right foot forward. - Pivoting on the right 1/2 turn to the right with a left step back.
- 3-4 Tour 1/4 right and step right foot to right side – stop left beside right
- 5-6 1/4 turn left and step left foot forward. - Pivoting on the left 3/4 turn to the left with a right step back.
- 7-8 Tour 1/2 left and step left foot to left side – stop right beside left and take your right hand with right hand man

### SECT-4 STEP LOCK STEP X 2

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 ¼ turn right, Step left forward – lock right behind left
- 7-8 Step left forward – Hold



## SECT-5 STEP LOCK STEP- STOMP- STOMP UP

- 1-2 ¼ turn right, Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Stomp left – stomp up right

### PART B - MAN

#### SECT-1 SLOW CHASSÉE X 2

- 1-2 ¼ turn left, open right foot to the right side – left foot near the right
- 3-4 open right foot to the right side - Hold
- 5-6 ¼ turn left, open left foot to the left side – right foot near the left
- 7-8 open left foot to the left side - Hold

#### SECT-2 SLOW CHASSÉE X 2

- 1-2 ¼ turn left, open right foot to the right side – left foot near the right
- 3-4 open right foot to the right side - Hold
- 5-6 ¼ turn left, open left foot to the left side – right foot near the left
- 7-8 open left foot to the left side - Hold

#### SECT-3 ROLLING RIGHT - ROLLING LEFT

- 1-2 1/4 turn right and step right foot forward. - Pivoting on the right 1/2 turn to the right with a left step back.
- 3-4 Tour 1/4 right and step right foot to right side – stop left beside right
- 5-6 1/4 turn left and step left foot forward. - Pivoting on the left 3/4 turn to the left with a right step back.
- 7-8 Tour 1/2 left and step left foot to left side – stop right beside left and take your right hand with right hand woman

#### SECT-4 STEP LOCK STEP X 2

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 ¼ turn right, Step left forward – lock right behind left
- 7-8 Step left forward – Hold

#### SECT-5 STEP LOCK STEP –STOMP- STOMP UP

- 1-2 ¼ turn right, Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 ½ turn right on right foot, Stomp left – stomp up right



## PART C - WOMAN

### SECT-1 STEP LOCK STEP FORWARD X 2 - STOMP UP

- 1-2 Step right forward diagonally – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward diagonally – lock right behind left
- 7-8 Step left forward – stomp up right beside left

### SECT-2 STEP SIDE -STOMP UP X 2 – STEP- STEP -STOMP UP

- 1-2 step right to the right side – stomp up left beside right
- 3-4 step left to the left side – stomp up right beside left
- 5-6 step right to the right side – step left beside right
- 7-8 step right to the right side – stomp up left beside right

### SECT-3 STEP LOCK STEP BACK X 2 -STOMP UP

- 1-2 Step left back diagonally – lock right forward left
- 3-4 Step left back – Hold
- 5-6 Step right back diagonally – lock left forward right
- 7-8 Step right back – stomp up left beside right

### SECT-4 STEP SIDE -STOMP UP X 2 - ½ TURN -HOLD

- 1-2 step left to the left side – stomp up right beside left
- 3-4 step right to the right side – stomp left beside right
- 5-6 step right to the right and turn ½ right, step left to the left side
- 7-8 Stomp right beside left – Hold

## PART C - MAN

### SECT-1 STEP LOCK STEP FORWARD X 2- STOMP UP

- 1-2 Step right forward diagonally – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward diagonally – lock right behind left
- 7-8 Step left forward – stomp up right beside left

### SECT-2 STEP SIDE- STOMP UP X 2 - STEP -STEP -STOMP UP

- 1-2 step right to the right side – stomp up left beside right
- 3-4 step left to the left side – stomp up right beside left
- 5-6 step right to the right side – step left beside right
- 7-8 step right to the right side – stomp up left beside right

### SECT-3 STEP LOCK STEP BACK X 2 - STOMP UP

- 1-2 Step left back diagonally – lock right forward left
- 3-4 Step left back – Hold
- 5-6 Step right back diagonally – lock left forward right
- 7-8 Step right back – stomp up left beside right

### SECT-4 STEP SIDE -STOMP UP X 2 - ½ TURN - HOLD

- 1-2 step left to the left side – stomp up right beside left
- 3-4 step right to the right side – stomp up left beside right
- 5-6 step left to the left and turn ½ left, step right to the right side
- 7-8 Stomp left beside right – Hold



# Variants

## PART A1 - WOMAN

SECT 1,2,3,4 IS THE SAME THING OF A

### SECT-5 STOMP- HOLD – STOMP –HOLD - KICK -STOMP UP -FLICK -STOMP

- 1-2 stomp left– hold
- 3-4 stomp right – hold
- 5-6 kick right forward – stomp up right beside left
- 7-8 flick right back – stomp right beside left

### SECT-6 CLAP YOUR HANDS WITH MAN

- 1-2 1/4 Turn right, beat both hands with man – beat right hand with man's right hand
- 3-4 Beat left hand with man's left hand - 1/4 Turn Left, beat both hands on thighs

## PART A1 - MAN

SECT 1,2,3,4 IS THE SAME THING OF A

### SECT-5 STOMP- HOLD – STOMP –HOLD - KICK -STOMP UP -FLICK -STOMP

- 1-2 stomp left– hold
- 3-4 stomp right – hold
- 5-6 kick right forward – stomp up right beside left
- 7-8 flick right back – stomp right beside left

### SECT-6 CLAP YOUR HANDS WITH WOMAN

- 1-2 1/4 Turn left, beat both hands with woman – beat right hand with woman's right hand
- 3-4 Beat left hand with woman's left hand - 1/4 Turn right, beat both hands on thighs

## PART B1 - WOMAN

SECT 1,2,3, IS THE SAME THING OF B

### SECT-4 STEP LOCK STEP X 2

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold

### SECT-5 STEP LOCK STEP X 2

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold



**SECT-6 STEP LOCK STEP X 2**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold

**SECT-7 STEP LOCK STEP- STOMP- STOMP UP**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Stomp left – stomp up right

**PART B1 - MAN**

**SECT 1,2,3, IS THE SAME THING OF B**

**SECT-4 STEP LOCK STEP X 2**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold

**SECT-5 STEP LOCK STEP X 2**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold

**SECT-6 STEP LOCK STEP X 2**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 Step left forward – lock right behind left
- 7-8 Step left forward – Hold

**SECT-7 STEP LOCK STEP –STOMP- STOMP UP**

- 1-2 Step right forward – lock left behind right
- 3-4 Step right forward – Hold
- 5-6 ½ turn right on right foot, Stomp left – stomp up right