



Let It Go

Choreographed by Compagnie Country Dance Vallée d'Aoste

Description: phrased, level advanced, catalan style line dance

Music: Let It Go by Zac Brown Band [162 bpm / CD: You Get What You Give (2010, 21st September)

Intro: 72 counts

Part: A (68 counts) - B (64 counts) - C (20 counts) - Tag (an half count)

Sequence (start dancing on lyrics): A - B

A - B

C - C - C - C - C - C - C - C

B (1-96) - B (1-29)

Ending: 4 counts

PART A (68 counts)

SECTION 1 (1-8)

SWIVEL RIGHT (TRAVEL TOE-HEEL-TOE), ¼ TURN LEFT HOOK, STEP-LOCK-STEP LEFT FORWARD, SCUFF RIGHT FORWARD

1-2 Swivel right toe out to right, swivel right heel out to right

3-4 Swivel right toe out to right, turn ¼ left and hook left over right (9:00)

5-6 Step left forward, lock right behind left

7-8 Step left forward, scuff right forward

SECTION 2 (9-16)

(JUMPING) JAZZ BOX RIGHT, ¼ TURN LEFT, JAZZ BOX LEFT, STEP, STOMP UP RIGHT, STOMP LEFT

1-2 (Jumping slightly) Cross right over left and hook left behind right, step left back and kick right forward

3-4 Turn ¼ left and kick left forward, (jumping slightly) cross left over right and hook right behind left (6:00)

5-6 Step right back and kick left forward, step left towards right

7-8 Stomp up right together, stomp right beside left



SECTION 3 (17-24)

SWIVEL RIGHT (TRAVEL TOE-HEEL-TOE), ¼ TURN LEFT HOOK, STEP-LOCK-STEP RIGHT FORWARD

1-8 Repeat section 1 from 1 to 8 count (3:00)

SECTION 4 (25-32)

(JUMPING) JAZZ BOX RIGHT, ¼ TURN LEFT, JAZZ BOX LEFT, STEP, STOMP UP RIGHT, STOMP LEFT

1-8 Repeat section 2 from 9 to 16 count (12:00)

SECTION 5 (33-40)

GRAPEVINE RIGHT, HOOK, STEP LEFT BACK, HOOK, STEP RIGHT FORWARD, HOOK

1-2 Step right side, cross left behind right
3-4 Step right side, hook left behind right knee
5-6 Step left back, hook right over left knee
7-8 Step right forward, hook left behind right knee (weight to right)

SECTION 6 (41-48)

GRAPEVINE LEFT, HOOK, STEP RIGHT BACK, HOOK, STEP LEFT FORWARD, HOOK

1-2 Step left side, cross right behind left
3-4 Step left side, hook right behind left knee
5-6 Step right back, hook left over right knee
7-8 Step left forward, hook right behind left knee (weight to left)

SECTION 7 (49-56)

PIVOT FULL TURN, GRAPEVINE RIGHT, TOUCH WITH LEFT TOE ¼ TURN RIGHT

1-2 Step right forward, turn ½ left (6:00)
3-4 Step right forward, turn ½ left (weight to left)
5-6 Step right side, step left crossed behind right
7-8 Step right side, touch with left toe turned ¼ right

SECTION 8 (57-64)

ROLLING VINE TO LEFT, SCUFF RIGHT, ½ TURN SCOOT TWICE, STOMP TWICE (RIGHT-LEFT)

1-2 Turn ¼ left and heel left forward, turn ½ left and step right back (6:00)
3-4 Turn ¼ left and step left side, scuff right together (12:00)
5-6 Turning ½ right scoot twice on left foot (6:00)
7-8 Stomp right together left, stomp left beside right



SECTION 9 (65-68)

SWIVET RIGHT (RIGHT HEEL & LEFT TOE), HEEL RIGHT FORWARD TWICE, STEP RIGHT

- 1-2 Swivet right: weight on right heel and left toe, swivel right toe to the right & left heel to the left, recover to the center (weight to left)
3-4& Right heel forward twice, step right together

PART B (64 counts)

SECTION 1 (1-8)

HEEL SWITCHES LEFT & RIGHT WITH TOE BACK, JUMP OUT, FLICK LEFT

- 1& Touch left heel forward, step left together
2& Touch right heel forward, step right together
3& Touch left toe back, step left together
4& Touch right heel forward, step right together
5& Touch left heel forward, step left together
6 Touch right toe back
7-8 Jump outside on both feet, jump on right foot and flick left back (weight to right)

SECTION 2 (9-16)

½ TURN KICK, FLICK, KICK, STEP RIGHT, JUMP OUT, FLICK LEFT, ½ TURN KICK, FLICK

- 1-2 Turn ½ left and kick left forward, flick right back
3-4 Kick right forward, step right beside left (weight on both feet)
5-6 Jump outside on both feet, jump on right foot and flick left back (weight to right)
7-8 Turn ½ left and kick left forward, step left together and flick right back (weight to left)

SECTION 3 (17-24)

WEAVE TO RIGHT TWICE

- 1-2 Step right side, cross left behind right
3-4 Step right side, cross left over right
5-6 Step right side, cross left behind right
7-8 Step right side, cross left over right



SECTION 4 (25-32)

ROCK STEP ¼ TURN RIGHT, 1 & ¾ TURN RIGHT, STEP LEFT SIDE, STOMP TWICE (RIGHT-LEFT)

- 1-2 Rock on right heel turning ¼ right, recover left (3:00)
3-4 Turn ½ right and step right forward, turn ½ right and step left back (3:00)
5-6 Turn ¾ right and step left side (6:00)

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- 7-8 Stomp right together, stomp left beside right

SECTION 5 (33-40)

MODIFIED RHUMBA BOX, STEP SIDE, TOUCH, SIDE STEP TURNING ½ RIGHT, STOMP UP

- 1-4 (QQS) Step right side, step left together, step right forward, touch left together right
5-8 (QQS) Step left side, stomp up right together, step right side turning ½ right, stomp up left together (12:00)

SECTION 6 (41-48)

REVERSE RHUMBA BOX, STEP LEFT SIDE, TOUCH, STEP LEFT SIDE, SCUFF RIGHT FORWARD

- 1-4 (QQS) Step left side, step right together, step left back, touch right together
5-8 (QQS) Step left side, stomp up right together, step left side, scuff right forward

SECTION 7 (49-56)

VAUDEVILLE RIGHT, ¼ TURN RIGHT & FLICK RIGHT, STEP-LOCK-STEP RIGHT FORWARD, HOOK LEFT BACK

- 1-2 Cross right over left, step left diagonally back
3-4 Heel diagonally forward, turn ¼ right and flick right back (3:00)
5-6 Step right forward, lock left behind right
7-8 Step right forward, hook left back (weight to right)

SECTION 8 (57-64)

(JUMP) ROCK STEP LEFT BACK, CROSS & HOOK, KICK, ROCK STEP RIGHT BACK, CROSS & HOOK BACK, LARGE STEP BACK, SLIDE, FLICK LEFT BACK, HOLD

- 1-2 (Jumping) Rock left back & kick right forward, cross right over left & hook left back
3-4 kick right forward, (jumping) rock right back & kick left forward
5-6 (Jumping) Cross right over left & hook left back, big step right slightly back
7&8 Slide left back (weight to right), flick left back, hold



SECTION 9 (65-72)

STOMPS, HOLD, STEP LEFT FORWARD, TURN ½ LEFT, STEP LEFT FORWARD, HOLD

- 1-2 Stomp left forward, stomp right forward
- 3-4 Stomp left forward, hold
- 5-6 Step right forward, turn ½ left (9:00)
- 7-8 Step right forward, hold

SECTION 10 (73-80)

STOMP, SCUFF, STOMP, HOLD, COASTER STEP ¼ TURN RIGHT, HOLD

- 1-2 Stomp left forward, scuff right forward
- 3-4 Stomp right forward, hold
- 5-6 Step left to side, turn ¼ right step right next to left (12:00)
- 7-8 Step left forward, hold

SECTION 11 (81-88)

STOMP, SCUFF, STOMP, HOLD, ROCK STEP ½ TURN RIGHT, STEP RIGHT FORWARD, SCUFF

- 1-2 Stomp right forward, scuff left forward
- 3-4 Stomp left forward, hold
- 5-6 Rock on right heel forward, recover left
- 7-8 Turn ½ right and step right forward, scuff left beside right (6:00)

SECTION 12 (89-96)

VAUDEVILLES

- 1-2 Cross left over right, step right diagonally back
- 3-4 Touch left heel diagonally forward, step left together
- 5-6 Cross right over left, step left diagonally back
- 7-8 Touch right heel diagonally forward, step right together

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SECTION 13 (97-104)

STEP-LOCK-STEP LEFT FORWARD, KICK, CROSS TOE, UNWIND ½ TURN LEFT, STOMP UP RIGHT, STOMP RIGHT

- 1-2 Step left forward, lock right behind left
- 3-4 Step left forward, hold
- 5-6 Kick right forward, cross toe right over left
- 7&8 Turn ½ left on place (weight to left), stomp up right together, stomp right together (6:00)



PART C (20 counts)

SECTION 1 (1-8)

RIGHT ROCKING CHAIR, SHUFFLE RIGHT FORWARD, HOLD

1-2 Rock right forward, recover to left
3-4 Rock right back, recover to left
5-8 Chassé forward right-left-right, hold

SECTION 2 (9-16)

STEP, PIVOT RIGHT, STEP, HOLD, FULL TURN LEFT, STEP RIGHT FORWARD, HOLD

1-2 Step left forward, turn $\frac{1}{2}$ right (weight to right) (6:00)
3-4 Step left forward, hold
5-6 Turn $\frac{1}{2}$ left and step right back, turn $\frac{1}{2}$ left and step left forward (6:00)
7-8 Step right forward, hold

SECTION 3 (17-20)

COASTER STEP $\frac{1}{4}$ TURN RIGHT, HOLD

1-2 Step left to side, turn $\frac{1}{4}$ right step right next to left
3-4 Step left forward, hold (3:00)

INTRO (72 counts)

SECTION 1 (1-8)

TOE STRUT BACK, TURN $\frac{1}{2}$ RIGHT, TURN $\frac{1}{2}$ RIGHT & TOE STRUT, STEP-LOCK-STEP RIGHT FORWARD, SCUFF LEFT FORWARD

1-2 Step right toe back, turn $\frac{1}{2}$ right and lower right heel (6:00)
3-4 Turn $\frac{1}{2}$ right and step left toe together, lower left heel (12:00) (weight to left)
5-6 Step right forward, lock left behind right
7-8 Step right forward, scuff left forward

SECTION 2 (9-16)

STEP LEFT FORWARD, $\frac{1}{2}$ TURN RIGHT, TURN $\frac{1}{2}$ RIGHT & STEP LEFT BACK, HOLD, JUMP ROCK STEP RIGHT BACK, STOMP RIGHT FORWARD, STOMP UP LEFT

1-2 Step left forward, turn $\frac{1}{2}$ right (weight to right)
3-4 Turn $\frac{1}{2}$ right and step left back, hold (12:00) (weight to left)
5-6 Jump rock right back and kick left forward, recover to left
7-8 Stomp right forward, stomp up left together



SECTION 3 (17-24)

TOE STRUT BACK, TURN ½ LEFT, TURN ½ LEFT & TOE STRUT, STEP-LOCK-STEP LEFT FORWARD, HOLD

- 1-2 Step left toe forward, turn ½ left and lower left heel (6:00)
- 3-4 Turn ½ left and step right toe together, lower right heel (12:00)
- 5-6 Step left forward, lock right behind left
- 7-8 Step left forward, hold

SECTION 4 (25-32)

STOMP RIGHT FORWARD, HOLD, STOMP LEFT SIDE, HOLD, JAZZ BOX RIGHT, CROSS

- 1-2 Stomp right forward slightly diagonal, hold
- 3-4 Stomp left on left side, hold
- 5-6 Cross right over left, step left diagonally back
- 7-8 Step right back, cross left over right

SECTION 5 (33-40)

WEAVE TO RIGHT, SCISSOR CROSS RIGHT, HOLD

- 1-2 Step right diagonally back, step left together
- 3-4 Step right side, cross left behind right
- 5-6 Step right side, cross left over right
- 7-8 Cross right over left, hold

SECTION 6 (41-48)

WEAVE TO LEFT, SCISSOR CROSS LEFT, HOLD

- 1-2 Step left side, cross right behind left
- 3-4 Step left side, cross right over left
- 5-6 Step left diagonally back, step right together
- 7-8 Cross left over right, hold

SECTION 7 (49-56)

STEP RIGHT FORWARD, LOCK, STEP RIGHT FORWARD, HOLD, STEP LEFT FORWARD, TURN ½ RIGHT, TURN ½ RIGHT & STEP LEFT TOGETHER, HOLD

- 1-2 Step right forward, lock left behind right
- 3-4 Step right forward, hold
- 5-6 Step left forward, turn ½ right (weight to right) (6:00)
- 7-8 Turn ½ right and step left together, hold (12:00)



SECTION 8 (57-64)

JUMP (OUT-IN), JUMP ROCK BACK RIGHT, STOMP-LOCK-STOMP RIGHT FORWARD, HOLD

1-2 Jump feet apart, jump feet together (weight to left)
3-4 Jump rock right back and kick left forward, recover to left
5-6 Stomp right forward, lock left behind right
7-8 Stomp right forward, hold

SECTION 9 (65-72)

ROCK STEP LEFT, TURN ½ LEFT, SLIDE, TURN ½ LEFT, STEP LEFT, STOMP TWICE (RIGHT-LEFT)

1-2 Rock on left heel forward, recover to right
3-4 Turn ½ left and step left forward, drag right forward (weight to right) (6:00)
5-6 Turn ½ left and step left forward, hold (12:00)
7-8 Stomp right beside left, stomp left together

TAG (an half count)

& Step right together (weight to right) (12:00)

ENDING (4 counts)

SECTION 1 (1-4)

SCUFF RIGHT FORWARD, HITCH RIGHT, HOLD, STOMP RIGHT FORWARD

1-2 Scuff right forward, hitch right knee up
3-4 Hold, stomp right forward

LET US CARRY THE MUSIC, FOLLOW THE SEQUENCE AND HAVE FUN!

Teamwork and team spirit are characterized the dance club "Compagnie Country Dance Vallée d'Aoste" also this 2016: another experience shared together!

A.S.D. Compagnie Country Dance Vallée D'Aoste

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